HEM HOLDINGS AND TRADING LIMITED

REGD. OFF. UNIT NO V-348, THE CENTRIUM, 3RD FLOOR, KURLA KIROL, LBS,
KURLA, MUMBAI, MAHARASHTRA, INDIA, 400070, TEL NO. 40034768
Email: compliance@hemholdings.com/investors@hemholdings.com
CIN: L65990MH1982PLC026823

Date: 31.10.2026

To,
BSE Limited,
Phiroze Jeejeebhoy Towers,
Dalal Street,
Mumbai-400001 (Maharashtra)

REF: HEM HOLDINGS AND TRADING LIMITED (Scrip Code: 505520) | Symbol: ZHEMHOLD)

SUBJECT: Prior Intimation of the Board Meeting under Regulation 29 Of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 and information regarding reopening of Trading Window of Equity Shares of the Company

Dear Sir/Madam,

Pursuant to the provisions of Regulation 29 of the SEBI (Listing Obligations and Disclosure Requirements), Regulations 2015 read with Regulation 33 of the LODR Regulations, the meeting of the Board of Directors of the Company is scheduled to be held on 05th November, 2026 at 12:00 P.M. at the registered office of the Company to consider and approve inter-alia:

1. The Un-audited Financial Results of the Company for the quarter and half year ended 30th September, 2026.
2. Any other business as may be considered necessary with the permission of Chairman.

TRADING WINDOW:

Further in compliance with the provisions of SEBI (Prohibition of Insider Trading) Regulations 2015, as amended and the Company's Code of Conduct for Prevention of Insider Trading (the "Code") under the provisions of SEBI (Prohibition of Insider Trading) Regulations 2015, read with BSE's circular no. LIST/COMP/01/2019-20, dated April 2, 2019, the trading window for dealing in securities of the Company had already been closed for the Insiders covered under the Code from 01st October, 2026 and same shall reopen at the end of 48 hours after the unaudited financial results are made public.

For Hem Holdings and Trading Limited

CS Taruna Gupta
Company Secretary & Compliance Officer
Mem No. A38630